



FALL 2020

# REOPENING PLAN



*Fostering Values • Nurturing Intellect • Shaping Character*

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# CATHOLIC HIGH SCHOOL

## PLAN FOR A GRADUAL RE-ENTRY TO SCHOOL

### New School Schedules and Procedures

The Mission of Catholic High School is to provide a college preparatory education that nurtures the intellect, shapes character, and forms Christian values. Catholic High School is a Catholic community that reveals God's presence in the world by affirming the Gospel message and challenging, when necessary, the views of a secular society.

Safety remains a top priority at CHS. With permission from the Office of Catholic Schools, CHS will transition to full-time classes by enacting a gradual re-entry plan for the first two weeks of school. This re-entry plan provides students and staff an acclimation period to adjust to the new protocols and procedures for attending school. After the two week adjustment period, students and staff will transition to 5 days a week in-person instruction. CHS is also offering a Remote Learner Option for families whose children may be in a high-risk category.

CHS will continue to follow directives from the Diocese of Richmond, and recommendations from the CDC, and Virginia Department of Health when planning for the safety of our students, faculty, and staff. The school will continue to follow phase guidance. We will continue to assess the effectiveness of the plan, making changes and modifications as necessary.



## CHS Remote Learner Option

After reviewing survey feedback from families in response to the CHS Reopening Plan, we evaluated our ability to offer a remote learning option for families uncomfortable with their child returning to school due to high-risk health issues or other concerns. This remote learning approach accommodates families with health concerns who wish to remain enrolled at CHS to receive a Catholic education. This model will also be used for those students who may have to quarantine per the CHS COVID-19 protocols. The remote learning option provides synchronous access to the regular school day instruction and assignments via Livestream and Google Meet.

The [CHS Remote Learning Plan for Families](#) outlines the details. Please note that families selecting this option are asked to fill out the required form (embedded in the plan) and send it to their child's school counselor **by Thursday, August 13**.

## New Student Chromebook Pick Up Information

One of the necessary pieces of equipment to start the school year is your school provided Chromebook. In order to provide you sufficient time to prepare for the school year and make the first day of school run more efficiently, we want to get the device to you before the first day of school. We have provided a scheduled pick up time for Chromebooks. We understand that this time might not work for your schedule and are willing to make accommodations as needed. If it is possible to pick up the Chromebook during this time, please do.

**During the scheduled Chromebook pickup time, please do NOT leave your vehicle.**

- You will drive up to the library door entrance (to the left of the school near the athletic fields)
- Staying in your car, you will roll your window down and tell us your name
- We will hand the Chromebook to you through the window
- Once your student is home, your student will log into their device using their provided school email

### IMPORTANT TO NOTE

- Students should memorize any log-in credentials from the credential sheet they received
- If you do not have the provided credential information, please contact the Admissions ([admissions@chsvb.org](mailto:admissions@chsvb.org)) or Technology Department ([techdept@chsvb.org](mailto:techdept@chsvb.org)) to resend that information

- Students should bring a CHARGED CHROMEBOOK to school with them during the school year
- Charging stations and loaners will not be available for use due to safety concerns

If you have any questions about set up or logging into your Chromebook, feel free to contact us in the CHS Technology department at [techdept@chsvb.org](mailto:techdept@chsvb.org)

Please let us know if the scheduled time does not work for your schedule. You can email us at [techdept@chsvb.org](mailto:techdept@chsvb.org) and we will do our best to accommodate another time for pick up.

### **Scheduled Pick-Up Times**

- New Students with Last Name A-K: 8am - 10am Tuesday, August 18th
- New Students with Last Name L-Z: 1pm -3pm Wednesday, August 19th

## **Academic Schedule**

For the 2020-2021 School Year, CHS will utilize a daily 4-period block schedule with “Green” days and “Gold” days. Moving to more extended block periods reduces the number of transitions necessary during the school day and minimizes daily contact between varying groups of students. These are two major considerations that the VDOE, in consultation with the Department of Health, are asking us to take as we look at a safe return to school.

On “Green” days, students will meet with their blocks 1-4, while on “Gold” days, they will meet blocks 5-8. K-period will meet every day before school as usual. Depending on their 3rd or 7th block class, students will either have first lunch or second lunch. This schedule provides 90-minute classes, 10 minute transition times, and a 25-minute lunch.

## **Gradual Re-Entry Schedule (August 24 - September 4)**

In order to offer a guided return to the new school experience for all students, we will provide a mix of in-person, remote, and asynchronous learning for the first two weeks of the school year. This acclimation period will involve splitting the CHS body of students into two groups alphabetically by last name to attend school in a 4-day rotation with a 5th day being an asynchronous day for all students. These groups will be referred to as “Cohort A” and “Cohort B”

**Cohort A: All CHS students with last names beginning A-K**

**Cohort B: All CHS students with last names beginning L-Z**

During the two week adjustment period, Cohort A (Last Name A-K) will attend classes in-person on Monday and Tuesday, being present in school on both days while Cohort B (Last Name L-Z) remains at home. In turn, Cohort B students will attend classes in-person on Wednesday and Thursday while Cohort A students remain at home. Fridays will be an opportunity for asynchronous learning at home for all. Students will not have a set schedule on these asynchronous days. However, they will have time to complete assignments and will be strongly encouraged to attend office hours to ask questions and interact with the teacher relating to content and lessons. [Teachers will offer office hours on Friday via the following schedule, organized by discipline.](#)

For the first week, August 24 - August 28, students choosing in-person learning will not log in remotely to classes; however, students choosing remote learning will log in remotely to classes. This will allow us to fully orient all students to the new protocols, return to in-person learning, and to build relationships with students in smaller in-person groups.

For the second week, August 31 - September 4, all classes will be live-streamed through the use of a webcam in each classroom. During this week of the gradual re-entry plan, all students are expected to log in remotely to classes when their cohort is at home.

To see a visual of the gradual re-entry plan explained above, please see the table below.

Week 1 (August 24 - August 28)					
	Cohort A In-Person No Remote Learning		Cohort B In-Person No Remote Learning		Asynchronous Day for All Groups
	Monday 8/24	Tuesday 8/25	Wednesday 8/26	Thursday 8/27	Friday 8/28
Times	Green Day for Cohort A	Gold Day for Cohort A	Green Day for Cohort B	Gold Day for Cohort B	
7:20 - 8:00AM	K Period	K Period	K Period	K Period	
8:05 - 9:35AM	1st Block	5th Block	1st Block	5th Block	
9:45 - 11:15AM	2nd Block	6th Block	2nd Block	6th Block	
First Lunch					
11:25 - 11:50 AM	Lunch	Lunch	Lunch	Lunch	
11:50AM - 1:20 PM	3rd Block	7th Block	3rd Block	7th Block	
Second Lunch					
11:25AM - 12:55PM	3rd Block	7th Block	3rd Block	7th Block	
12:55 - 1:20 PM	Lunch	Lunch	Lunch	Lunch	
1:30 - 3:00 PM	4th Block	8th Block	4th Block	8th Block	

## Week 2 (August 31 - September 4)

	Cohort A In-Person Cohort B Remote		Cohort A Remote Cohort B In-Person		Asynchronous Day for All Groups
	Monday 8/31	Tuesday 9/1	Wednesday 9/2	Thursday 9/3	Friday 9/4
Times	Green Day for Cohort A	Gold Day for Cohort A	Green Day for Cohort B	Gold Day for Cohort B	
7:20 - 8:00AM	K Period	K Period	K Period	K Period	
8:05 - 9:35AM	1st Block	5th Block	1st Block	5th Block	
9:45 - 11:15AM	2nd Block	6th Block	2nd Block	6th Block	
First Lunch					
11:25 - 11:50 AM	Lunch	Lunch	Lunch	Lunch	
11:50AM - 1:20 PM	3rd Block	7th Block	3rd Block	7th Block	
Second Lunch					
11:25AM - 12:55PM	3rd Block	7th Block	3rd Block	7th Block	
12:55 - 1:20 PM	Lunch	Lunch	Lunch	Lunch	
1:30 - 3:00 PM	4th Block	8th Block	4th Block	8th Block	

## Remote Asynchronous and In-Person Learning

Please note that this gradual re-entry model utilizes “remote”, “in-person”, and “asynchronous” days for students. The difference between these terms is clarified below:

**In-Person:** Students will attend class in person, following physical distancing guidelines which include wearing a cloth face covering when in the building, especially when within 6 feet of other students or staff.

**Remote:** Classes will be live-streamed via a wide-angle webcam in each classroom. Students that are not scheduled to be in-person will log in and attend class live from their homes. Teachers will present new information on remote days, so all students must log in and stay logged in for the entirety of the class period. Families that chose the [Remote Learner Option](#) have specific guidelines.

**Asynchronous:** Live class will not be held on asynchronous days. Students may be assigned independent work from teachers that they will have to complete. They may complete this on their own schedule or under the guidance of a teacher during his/her office hours. Teachers will host virtual office hours on these days to provide the opportunity for developing student/teacher relationships, offering further discussion of the content, and providing assistance to students. [To avoid overlap, these office hours will be organized by department via the schedule linked here.](#)

## 5-Day Alternating Block Schedule

Once students have experienced a gradual re-entry to school for two weeks, we will begin offering 5-day in-person instruction for all students. As explained earlier, we will utilize the same block schedule throughout the year to minimize class transitions and the daily mixing of groups.

Green and Gold days will alternate each school day throughout the year. For example, if Friday is a Green Day then Monday will be a Gold Day. When school ends on a Gold Day before a holiday or teacher in-service day, the return day will be a Green Day. If school is closed for inclement weather, we intend to return on the opposite color from the last day of school. We will communicate about the schedule regularly as the new routine is established. Please see the visual below for clarity.

5-Day In-Person Instruction Schedule (September 8 - June 4)		
	All Students In-Person	All Students In-Person
Times	Green Day	Gold Day
7:20 - 8:00 AM	K Period	K Period
8:05 - 9:35 AM	1st Block	5th Block
9:45 - 11:15AM	2nd Block	6th Block
First Lunch		
11:25 - 11:50 AM	Lunch	Lunch
11:50AM - 1:20 PM	3rd Block	7th Block
Second Lunch		
11:25AM - 12:55PM	3rd Block	7th Block
12:55 - 1:20 PM	Lunch	Lunch
1:30 - 3:00 PM	4th Block	8th Block

## Class Sizes and Physical Distancing

Students, staff, and visitors must maintain a 6-foot distance whenever possible during their daily activities on campus.

The Commonwealth of Virginia DOE updated physical distancing guidelines in schools, citing guidelines from the World Health Organization and the American Academy of Pediatrics. As of July 2020, a 3-6 feet distance between individuals is permissible in schools when face coverings are in place.

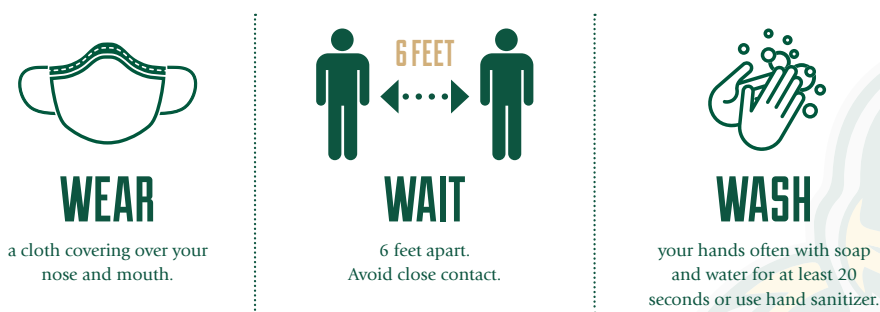
In the majority of CHS classrooms, a 3-foot allowance permits 20 students and a teacher to be present in the classroom. Students will have assigned seats in each classroom. Classes with rosters above 20 students will take place in school locations with more square footage such as the Forum, Gallery, Library, and Theater.

## Mitigation Strategies

Mitigation strategies require community-wide participation and commitment to safety. It is our duty to each other to take these precautions so that we can keep our CRU community healthy. This [resource from the CDC is designed with young adults in mind](#), reviewing healthy practices, and answering common questions.

In addition to the physical distancing measures that will be in place in all classrooms and during transitions, CHS custodial staff will follow CDC guidelines to clean and sanitize the school to mitigate the spread of COVID-19. Following disinfecting guidelines from the CDC and VDH, we will regularly disinfect surfaces with CDC approved products. We are hiring an additional custodial/maintenance worker to assist with the daily cleaning and disinfecting processes.

All school community members are expected to exercise mitigation procedures and hand hygiene. This includes adherence to the 3 W's:



Signage related to handwashing and physical distancing will be placed throughout the school.

Regular and frequent handwashing with soap and water for at least 20 seconds or use of hand sanitizers (with 60% and above alcohol) is essential. Sneezing/coughing into one's elbow and not sharing any items are habits that keep the school community healthy.

All staff and students will be trained on safety protocols, which clearly explain procedures and healthy habits. Before and after each class, the teacher and students will assist in the disinfecting and sanitizing of desks/chairs. This IN/OUT process relies on both the departing student and incoming student to disinfect the desk/chair. Disinfecting solutions and/or disinfecting wipes and hand sanitizer will be provided in each classroom.

Due to the size of CHS bathrooms, they will be limited to two occupants at a time. Additionally, our custodial staff will use enhanced cleaning protocols to sanitize bathrooms, highly touched surfaces, and common areas during the school day. Custodial staff will clean, sanitize, and disinfect the school building each day.

We strongly encourage students to carry personal health-related and sanitizing products with them in their backpack (e.g travel hand sanitizers, tissues, disinfecting wipes, etc.).



# Face Coverings

Office of Catholic Schools

## FACE MASK COVERING POLICY UPDATE

Effective August 13, 2020

Out of an abundance of caution, the following update has been made to the Face Mask Covering Policy for our Diocesan Catholic Schools.

*Masks are required for all faculty, staff, students, and visitors at all times when inside school buildings and when outdoors and unable to maintain a 6 feet distance. Supervising teachers may permit students to remove their masks for limited periods of time, when appropriate physical distancing, students being at least 6 feet apart, is in place.*

*Developmentally appropriate and medical accommodations can be made as needed and approved by the School Principal.*

The wearing of a face covering is a duty to our community to help mitigate the risk of COVID exposure to others. This duty rests on all of us, as we look to keep a safe and healthy community and take all proper precautions to reduce the risk of this disease.

- Each student is expected to wear a personal face covering when entering the building. **Multi-layer cotton face coverings that are tied behind the head or with elastic ear loops are the safest type of face covering, and the kind that CHS is asking all students and staff to wear.**
- Students and staff will provide their own appropriate face coverings, and a CHS option will be for sale in the school store.
- Gaiters, scarves and bandanas are not considered appropriate face coverings for schools.
- Face shields can be used with face coverings but should not replace face coverings when not maintaining a 6ft distance.

## Class Breaks and Class Transitions

In order to reduce the number of students that are coming in contact with each other in the hallway at one time and to continue physical distancing, CHS will establish planned times for classroom breaks and transitions.

- Students are asked to carry the books/notebooks they need for the day with them. Locker use will not take place during the fall semester due to the close proximity of school lockers.
- Water fountains are closed following VDH guidelines. Every student should bring a filled, reusable water bottle to school each day.

Following VDH guidelines, only touchless water fountains are permitted in schools. All other water fountains will be turned off. The school currently has one touchless water fountain, located in the front hall, and we are pursuing adding more touchless fountains to other parts of the building.

There will be breaks during study hall so that students may wash their hands or possibly go outside to a specific area for fresh air, following physical distancing guidelines in all movements. Students more than 6 feet away from others outside may take a face-covering break, removing the face-covering temporarily. These activities will take place during break time, as students will not have the ability to engage in these activities during the transition of classes.

**UPDATED AUGUST 13, 2020:** Please note that movement through the hallways during class change has been limited to a one-way flow of movement through the school. The pattern flows from the Library side to the Gallery side on the first floor and the Fine Arts rooms to the Forum hallway on the second floor. This essentially creates a circular pattern so that students can get where they need to go. Additionally, to ease the flow of traffic during the class change time and decrease traffic in the hallway, four exits will be opened to give students the option of going outside to walk on the school sidewalk to their next class. These four doorways that will be open are the courtyard doors, library doors, and both gray side doors in front of the staircases. Students will be able to go either direction when outside as there is enough space for them to socially distance while walking. We will post monitors outside in the parking lot and sidewalk areas to monitor students and ensure they continue moving toward their next class. Lastly, please note that this one-way movement does not apply to restroom breaks during class. During class, students may go any way necessary to use the closest restroom.

## Daily Health Screenings

The partnership between home and school is paramount in ensuring mitigation strategies. All families are asked to read and sign the [Acknowledgement of Symptoms of Risk](#), before starting school this year. **This form must be turned in to Mrs. Gillis in the front office. It may be mailed or scanned and emailed to [gillisb@chsvb.org](mailto:gillisb@chsvb.org)**

- Parents are to conduct at-home health screenings of their child prior to coming to school each day, checking the child's temperature and ensuring that he/she is not exhibiting any symptoms of illness.
- Students who are feeling unwell or have a temperature must stay home until fever-free for 24 hours without the aid of a fever-reducing medicine.
- The process for informing the school of a sick child remains the same as during the 2019-2020 school year.
- If anyone is exhibiting COVID-19 symptoms on school property, he or she will be required to leave and will not be permitted to return to school property until he or she either tests negative for COVID-19 or has not experienced any COVID-19 symptoms for at least 14 days.
- All students will undergo a temperature screening prior to entering the school building each day. If a student has a fever of 100.4 or above, he/she will be asked to return home for care by his/her family.

### Screening Logistics:

- Screening at the main door entrance will be inside the vestibule, one person at a time. While waiting to enter the vestibule, students/staff should wear a face covering and maintain a distance of 6 ft apart.
- Screening at the library door will be outside the entry door, one student at a time. Students should wear a face covering and maintain a distance of 6 ft apart while waiting in line to be screened.
- Screening at the courtyard entrance will be outside the entry door, one student at a time. Students should wear a face covering and maintain a distance of 6 ft apart while waiting in line to be screened.
- Screening at the Wilgus Gardens "Angel" entrance will be outside the entry door, one student at a time. Students should wear a face covering and maintain a distance of 6 ft apart while waiting in line to be screened.

**Students** *should arrive no later than 7:45 am to ensure adequate time to get screened and arrive at their first bell class on time.*

All students will have their temperature taken by a school employee prior to entering the building. If the student passes the screening (temperature < 100.4°F), s/he will be permitted to enter the building. If the student does not pass the screening, his/her temperature will be retaken after a short time. If a student does not pass the subsequent temperature screening, s/he will be directed to return home for the day and have his/her parents contact the school.

Students who ride the bus will have their temperature taken by the bus driver *prior to stepping on the bus*. If the student passes the screening (temperature < 100.4°F), s/he will be permitted to board the bus. If the student does not pass the screening, s/he will be directed to return home for the day and have the parents contact the school.

All CHS faculty and staff will conduct at-home, self-screenings prior to leaving for work. Employees are encouraged to stay home when not feeling well. In addition, faculty, staff, and visitors will undergo a temperature check and health screening before entering the school building each day. If during the course of the health screening a staff member is found to have a temperature at or above 100.4 or is at risk of exposure to COVID, he/she will be asked to leave the school premises immediately.

The CHS school nurse, Ms. Dellinger, will assist in all health screenings, processes, and procedures, including those related to COVID-19. In addition, the nurse will serve as the liaison between the VDH and the school regarding COVID-19.

If a student begins to show symptoms of sickness or COVID-19 during the school day, that individual reports to the clinic for evaluation by the school nurse. The school nurse will evaluate the student. If COVID-19 symptoms are present, the nurse may either quarantine the student to an isolated area awaiting pickup or, if well enough and able to drive, ask the student to depart for home immediately. *The school is working in conjunction with the Virginia Department of Health to follow all necessary protocols and procedures related to COVID-19.*

## School Hours

The school building hours will be as follows for the 2020-21 school year:

**7:00 AM:** Building Opens for Students (health screenings will begin)

**3:00 PM:** Main Building Closes for Students unless they are working with a teacher

**3:00-5:30 PM:** After School Care in the Cafeteria for up to 43 students

## After School Care

We encourage families to pick up their children at 3:00 PM each day. At this time, CHS plans to keep the cafeteria open for after school care from 3:00 PM-5:30 PM each school day. We will evaluate this program throughout the first few weeks, making modifications as necessary. There is a limit of 43 students in After Care which will take place in the cafeteria. Students in after school care must sit in assigned seats, following all safety protocols for physical distancing. Parents must pick up their children by 5:30 PM.

## Entering the School Building

Students should use the entrance specified for their first bell classroom for that particular day. Faculty/staff should use the main entrance or the entrance specified for their classroom.

### Building Entrances:

There will be four available entrances to the building. Due to the one-way nature of traffic flow inside the building, each entrance has been designated for specific access.

- Entrance #1: main entrance (access to the main office, guidance, and History hallway (Rooms 114-118)
- Entrance #2: library entrance (access to library and English hallway (Rooms 101-108)
- Entrance #3: courtyard entrance (NST students, students storing athletic gear, and students eating breakfast ONLY)
- Entrance #4: Wilgus Gardens "Angel" entrance - these are the gray doors between the main entrance and gallery (access to band and chorus rooms and ALL second-floor rooms)

All entrance doors will be locked at 8:00 am. Students who arrive at school after **8:00 am** must use the main entrance.

**Students** (*it is suggested students arrive no later than 7:45 am to ensure adequate time to get screened and arrive at their first bell class on time*)

All students will have their temperature taken by a school employee prior to entering the building. If the student passes the screening (temperature < 100.4°F), s/he will be permitted to enter the building. If the student does not pass the screening, his/her temperature will be retaken after a short time. If a student does not pass the subsequent temperature screening, s/he will be directed to return home for the day and have his/her parents contact the school.

Students who ride the bus will have their temperature taken by the bus driver *prior to stepping on the bus*. If the student passes the screening (temperature < 100.4°F), s/he will be permitted to board the bus. If the student does not pass the screening, s/he will be directed to return home for the day and have the parents contact the school.

Once inside the building in the morning, students should follow the directional signs on the floor as they proceed directly to their 1st/5th block classroom. Per recommendations, communal spaces such as the gym, library, and gallery will be closed before school except for those students that have 1st block class in that area. Morning prayer and attendance will take place in the first block of each day. The cafeteria will be open for those students who ordered boxed breakfast through Sage Dining.

## Ventilation System

CHS has coordinated with our HVAC service provider to ensure that the school building is operating with the maximum amount of fresh air intake. In July, the HVAC unit for the cafeteria/kitchen was replaced. All filters are replaced regularly by our HVAC provider. We will encourage teachers to keep classroom doors open to increase the airflow in the building.

## Clinic

The CHS clinic and isolation room will be located in the back of the Barry Robinson Theater. This location was selected for its access to separate bathrooms and a low traffic area that includes a low traffic exit area for convenient parent pickup when a student is sick and needs to go home. Parents who need to pick up their child from the clinic will drive to the back of the theater. Signage in the parking lot, near the theater, will direct you to the back of the theater, and the clinic parking area.

## Lunch/Breakfast

**Food:** Students are encouraged to bring their own brown bag lunch from home. Microwaves will not be available. Sage will offer pre-orders online for boxed lunches and breakfast through MyKidsSpending. Pre-ordered box lunches will be delivered to the students in their lunch location. Students will also be able to pre-order breakfast boxes through Sage Dining, picking up their order and reporting to a designated morning location to eat.

**Procedure:** Lunch plans are based on the following safety guidelines: restricting mixing classes/groups of students, following phase recommendations for communal spaces, and maintaining physical distancing.

Students will report to their 3rd block (or 7th block) classrooms for both instruction and lunch. Students in Cohort A and B will be instructed to move to the cafeteria on a weekly rotating basis so that students in the classroom and the cafeteria can eat at a distance of 6 feet apart. Cafeteria seats will be assigned. Students will be instructed to sanitize their hands prior to and after eating. Students will eat lunch in their assigned seats in the 25 minutes prior to class or in the 25 minutes immediately following.

In addition, we have a number of picnic tables for the courtyard, allowing for an outdoor seating area on fair weather days. Teachers may reserve the outside area for class use.

## Mass and Retreats

Campus Minister, Cate Harmeyer, and CHS Campus Chaplain, Father Anthony, are working on plans for school Masses throughout the school year. This includes the following: Live-Streamed Masses from the Chapel to classrooms with Spiritual Communion; Masses viewed during Theology classes. Outdoor Confessions are available regularly with appointments. Campus Ministry is also exploring parent ministry in the evenings.

Given the current restrictions regarding group field trips and overnights, Campus Ministry is focusing on formation for the fall semester of the school year, followed by retreats in the spring, conditions permitting. In addition, the Campus Minister will work with small groups this fall, following safety protocols and guidelines.

## Physical Education

All freshmen will be enrolled in the updated Lifestyle Wellness course. Students in this course will participate in appropriate wellness activities, sports, and various health topics. Outdoor facilities will be used as much as possible and indoor activities will follow all CDC guidelines. Students will also obtain their CPR/ First- Aid/ AED certification through the American Red Cross. Nutrition and Strength Training will continue to be offered, following safety protocols when using the weight room. Students in both Lifestyle Wellness and Nutrition and Strength Training will be notified of physical activity days in advance. Students enrolled in Nutrition Strength Training will be permitted to come to school in athletic clothing as it is a first block class. They will have an opportunity to change into their school uniform prior to leaving class. Students in Lifestyle Wellness will not dress out for the first several weeks of school. Updates on future dressing out guidelines and locker room usage will follow.

## Athletics for PE Credit

All current freshmen and sophomores will have a one-year extension on the period of time to complete the Athletics for PE Credit program due to the uncertainty of athletics and competition during the 2020-21 school year.

## Band/Chorus

Due to the nature of woodwind instruments, brass instruments, and singing, both Chorus and Band require special precautions. The forceful expulsion of air in both singing and woodwind instruments increases the need for modifications to keep participants and instructors safe. We are monitoring the guidance on these classes and making appropriate modifications, covering the curriculum while altering the typical daily class experience.

## Athletics

### **Statement from VISAA:**

*VISAA is not offering state championship events for the fall season. However,*

*VISAA recognizes that conferences and schools may make individual decisions to offer interscholastic athletics in the fall as part of their reopening plans.*

*(No further statement has been made by VISAA regarding winter or spring athletics.)*

### **Statement from TCIS:**

*The Tidewater Conference of Independent Schools Heads of School and Directors of Athletics recently met to finalize plans for the 2020-21 athletic calendar after multiple discussions this summer. The goal and mission of all eleven schools is to successfully reopen this fall for on-campus academic instruction, while also committing to offering all three athletic seasons this academic year. In lieu of current guidelines, the Governor's recent restrictions, and the guidance of local health officials, the TCIS will begin conference play as outlined below. The TCIS recognizes the value of interscholastic athletics to the social and emotional well-being of our student-athletes and is committed to working together to design a detailed return to play model. We are unified in this message, and support each individual conference school in providing fitness and athletic offerings until we are able to compete again. We will continue to monitor national and local data in order to adjust or alter this calendar in the best interests of our schools. Please help us all to remind our students of healthy habits in order to return to healthy TCIS competition.*

**Winter Season** – November 18 - January 30th; First Competition Date - December 8th

**Fall Season** – February 1st - March 27th; First Competition Date - February 16th



**Spring Season – March 29th - May 22nd; First Competition Date - April 13th**

**August 17-21:** Teacher Work Week; No Strength and Conditioning with Coach Tillman; Minimal Sport Specific Practices

**August 24-28:** School Starts; Off Week- No Athletics or Strength and Conditioning

**August 31-Sept 4:** Minimal Sport Specific Practices and Strength and Conditioning

**September and October:** CHS Strength Training, Speed and Agility, Sport Specific Skill Building, and Intramurals as allowable and within current phased guidelines at the discretion of the AD and coaches

**Winter Season – November 18 - January 30th; First Competition Date - December 8th**

**Fall Season – February 1st - March 27th; First Competition Date - February 16th**

**Spring Season – March 29th - May 22nd; First Competition Date - April 13th**

This return to play model that allows all athletes a chance to compete this year. The delayed start to official practices and competitions allows time for all students to transition to all the new guidelines and procedures for the school. Additionally, it allows more time to hopefully see a lessening COVID's impact on our young people. The abbreviated seasons and focus on conference competition will allow our multi-sport athletes to compete without overlap between the seasons. Until the start of official practices for winter sports in November, all sports will share our facilities and resources equally. Athletes interested in participating in any sports this year should email the coach directly to keep updated on practice schedules, conditioning, and try out dates. We look forward to seeing all of our athletes compete this year! Go CRU!

## Transportation

We continue to evaluate the CHS daily bus service. At this time, we are planning on offering the bus routes. Students on buses must follow physical distancing guidelines, corresponding to the current phase. This equates to one child per seat every other row, allowing for a 6-foot physical distance between passengers.

## COVID-19 Protocols

By entering Catholic High School, all employees, students, parents, and authorized visitors, acknowledge the following:

- ✓ Your temperature is under 100.4 degrees and has been without any fever-reducing medicines for the last 24 hours; and
- ✓ You or anyone in your household does not have a new cough or new shortness of breath; and
- ✓ You or anyone in your household who has exhibited any COVID-19 symptoms has either been symptom-free for 14 days or has since tested negative for COVID-19; and
- ✓ In the past two (2) weeks, you have not been exposed - less than six (6) feet for greater than 15 minutes - to anyone who has tested positive for COVID-19 without wearing the appropriate Personal Protective Equipment (PPE) as defined by the Centers for Disease Control and Prevention.

If a student has been exposed to a COVID+ patient, parents should consult with their pediatrician and follow all health guidelines. If a student or family member tests positive for Covid-19 or was exposed to a COVID-positive person, the family should immediately notify CHS School Nurse, Madison Dellinger or Principal, Peggy Boon. The [VDH offers guidance on when to safely stop isolation](#) after exposure or illness related to COVID-19

CHS has developed a relationship with a contact in the Virginia Beach Department of Health. If a student or faculty member reports being positive or exposed to a COVID-19 positive person, the school will notify VDH and follow their guidelines and procedures for contact tracing and notifications. CHS will inform families of students who may have been exposed, the Office of Catholic Schools, and the Office of Preparation in the Diocese of Richmond.

### **How will the school respond to a student or staff member testing positive for COVID-19?**

The school will determine when the last time the student or staff member was on school grounds two days prior to the onset of symptoms, or testing if they were asymptomatic. The school must close off areas visited by the positive student or staff member so they can be cleaned and disinfected prior to reopening. If the student or staff member traveled on the school bus, it must be disinfected as well. As students at CHS shift between classrooms, the school will contact staff and families of students in classes throughout the student's scheduled day.

Students who were within six feet of the individual in class or on the school bus will be urged to self-quarantine and get tested four to five days after their last exposure to the person. If they

choose not to get tested, they must remain home for 14 days. When required to quarantine at home due to potential exposure to COVID-19, the school will work with the student and family to continue the learning. Depending on the case, this may include the short term use of a classroom webcam during the quarantine period, allowing the student to view instruction in his/her classes while safely quarantining at home. When a teacher is required to quarantine, other CHS teachers and/or a substitute teacher will step in to lead the class.

**Multiple students and/or staff members test positive. Will the school close?**

If there is more than one confirmed COVID-19 case (students or staff) in the school at one time, or if there is a series of single cases in a short time span, school administration in conjunction with the superintendent will work with the VDH to determine if it is likely that there is transmission happening in school.

When there is an in-school transmission, it is possible that the entire school will be closed for several days for an extensive cleaning, likely one to three days. It is also possible that we will close school for two weeks to allow for a school-wide quarantine period. In either case plans will be put in place to continue the learning, most likely through Digital Learning Days.

**Policies and school actions in response to COVID-19 transmission will be based on guidance from medical professionals and the VDH and may vary from what is stated above.**

## Visitors

For the foreseeable future, visitors in the building will be kept to an absolute minimum, limited to enrollment-based visitors or service related calls. Parents who wish to speak with a school employee are asked to call and/or email. If it is imperative for a visitor to enter the building, it will be by appointment only, and they will undergo a health screening prior to entering the building. Volunteers will not assist in the building at this time.

## Social/Emotional Learning

We recognize the importance of social/emotional learning and mental health for our students while maintaining an appropriate physical distance. Faculty are participating in professional development on social/emotional learning this summer. When feasible, extracurricular activities will continue virtually or physically, offering opportunities for students to participate safely and connect with others.

## Student Handbook

The CHS Student is under review at this time, being updated for the upcoming academic year. It will be released in August. Prior to school beginning for students, parents are asked to read and acknowledge their understanding of the handbook.

## Additional Measures

CHS is in the process of creating a guide for students and parents outlining and explaining the new procedures. The CHS reopening webpage is also available for families prior to school, allowing time to review and discuss the reopening plan prior to school opening. Students will go through an orientation in each of their core classes the first week of school, reinforcing safety protocols and procedures. These proposed changes to a typical school day are going to require awareness, understanding, and community-wide compliance.

The diocese is providing professional development for faculty through a series of webinars in July and early August. They are also providing workplace safety training in August, per state guidelines. In addition, all CHS faculty are taking part in reading professional books relevant to digital learning and innovative instructional methods. These professional development plans are designed to strengthen instructional approaches and engage students, especially in a digital environment.

## Orientation for all students/families

Videos outlining new procedures and protocols are being developed for an August release.